



Activity 1: Consequences Assessment

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Complete the table using your top 10 consequences.

Discovery Cards Summary		
Consequences: statements from card fronts	Life Needs: from colored card backs	Impact, Cost, Loss, or Harm
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

Questions to Explore

- How many cards are in your pile 1? Does the number surprise you?
- Which consequences have been most challenging for you? Why?
- Which life needs have been impacted?

<input type="checkbox"/> Community	<input type="checkbox"/> Learning/School
<input type="checkbox"/> Family	<input type="checkbox"/> Leisure/Fun
<input type="checkbox"/> Financial Stability	<input type="checkbox"/> Social Relationships
<input type="checkbox"/> Health – Mental & Emotional	<input type="checkbox"/> Society/Legal
<input type="checkbox"/> Health – Physical	<input type="checkbox"/> Spirituality
<input type="checkbox"/> Home/Shelter	<input type="checkbox"/> Work/Career
- How many different life needs have been impacted? Does the number surprise you? Explain.
- What has been your major insight from this activity?