



Activity 3: Sharing My Consequences and Not Yets Story

Visit R1RECOVERYFIRST.COM to download printable Activity Worksheets. Complete the table using up to 3 Consequences.

Discovery Cards Summary			
Consequences: Statements from card fronts	Life Needs: from colored card backs	What was the impact, cost, loss, or harm that resulted?	Who was affected most?
1			
2			
3			

Complete the table using up to 3 Not Yets.

Discovery Cards Summary			
Not Yets: Statements from card fronts	Life Needs: from colored card backs	How would your life change if this were to happen?	What actions can you take today to decrease the risk of this occurring?
1			
2			
3			