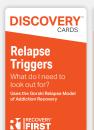
## **Relapse Triggers**

What's in the Deck

**Overview Cards** 











Relapse Trigger Type Definition Cards









Relapse Triggers

**EMOTIONS** 

:1



**Sorting Cards** 







**Activity Cards** 



ME Action Card



## What's in the Deck

**5** Overview Cards

Main Color: Box Color

- 1 Topic Description Card
- 1 Definition Card
- 1 Model Card
- 1 Expert Card
- 1 R1 Card

Relapse Trigger Type Definition Cards

Main Color: White with Color

- 1 People (Yellow)
- 1 Places (Orange)
- 1 Things (Red)
- 1 Situations: Events (Blue)
- 1 Situations: Activities (Blue)
- 1 Emotions: Negative (Green)
- 1 Emotions: Positive (Green)

45 Sorting Cards

Main Color: Mostly Color

- 9 People (Yellow)
- 9 Places (Orange)
- 9 Things (Red)
- 9 Situations (Blue)
- 9 Emotions (Green)

2 Activity Cards

Main Color: Black

- 1 Activity 1: What Triggers Me Toward Relapse?
- 1 Activity 2: Learning from Past Relapses

ME Action Card

Main Color: Black

1 ME Action Card

60 TOTAL CARDS